



Young People's Mental Health and Technology task group scoping paper

Objective(s) <i>Specific, Measurable, Achievable, Realistic</i> <i>Timescale</i>	
Key questions	How are young people in Westminster using technology? What effect (positive, negative and neutral) has that technology had? Are agencies in Westminster equipped to help young people deal with the effect of technology on their lives?
Intended outcomes	To produce a report on the effect that technology has on the mental health of young people in Westminster, including recommendations based on the task group's findings
Methodology	Evidence gathering sessions Workshops with young people Desktop research
Key witnesses/contacts	Children's Services Schools Youth Council Carnegie Centre of Excellence for Mental Health in Schools
Timescale	To report to the FPS Committee by April 2019 The task group will likely take place over 5-6 sessions involving meetings and other information gathering activities. There may be a mix of evening and daytime sessions.
Notes	https://www.bera.ac.uk/blog/social-medias-impact-on-children-and-young-peoples-mental-health